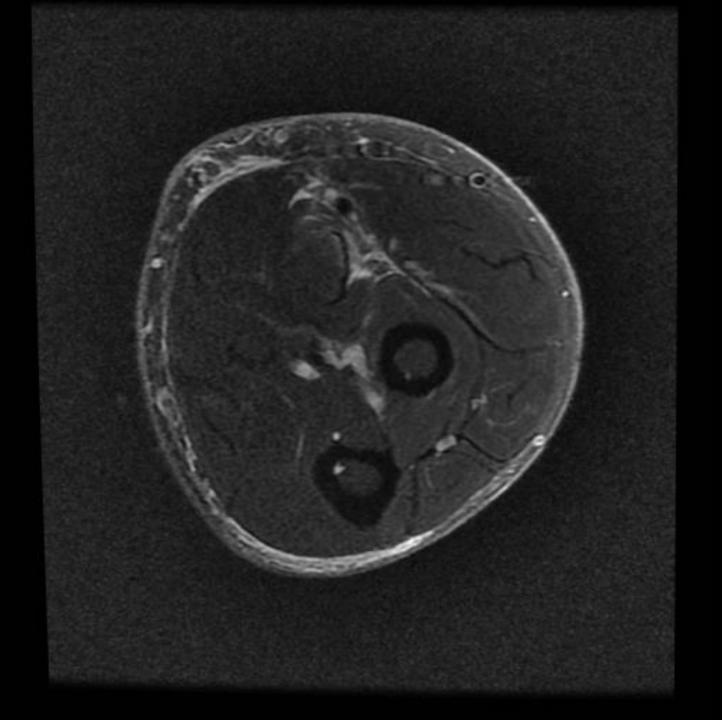
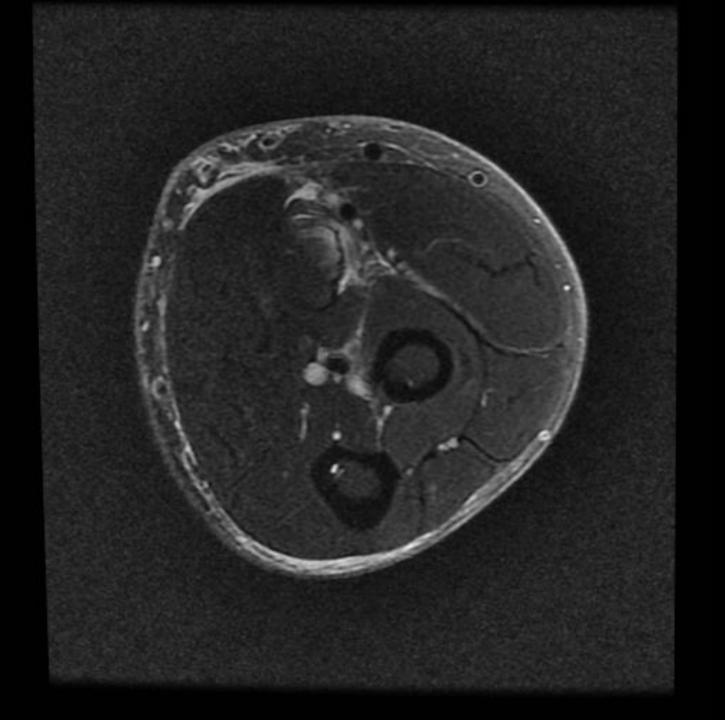
# **Golf injury**

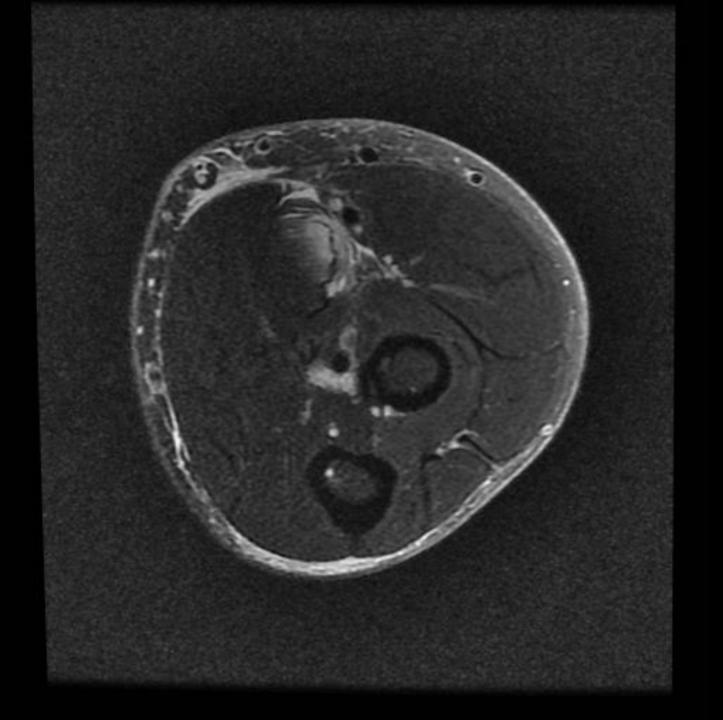
- 58 yo male who was playing golf 6 days ago and hit a tree while swinging his golf club.
- The patient complains of persistent pain and swelling at the anterior elbow with ecchymosis

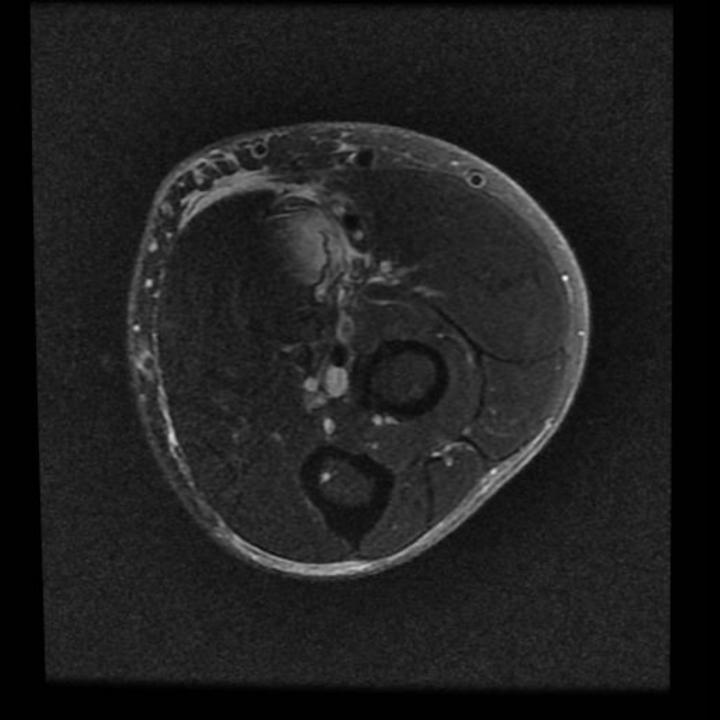


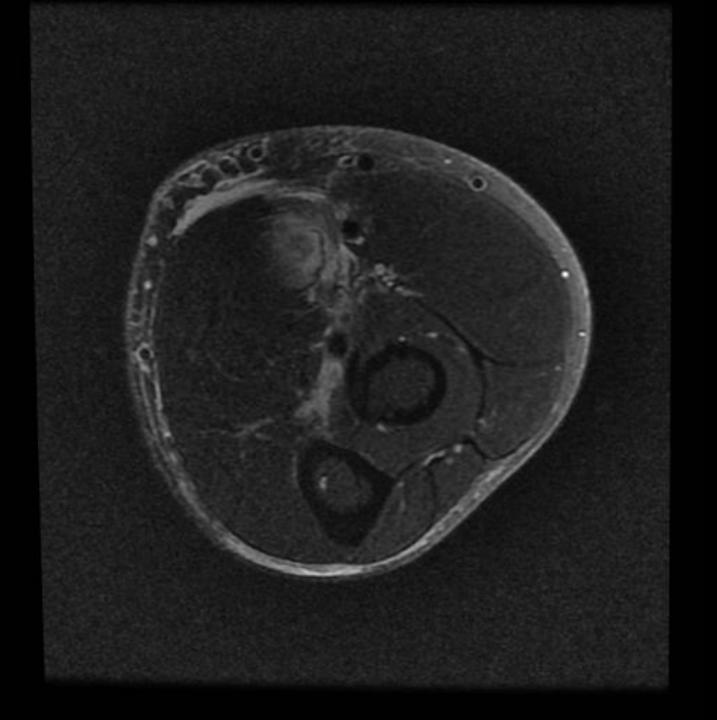


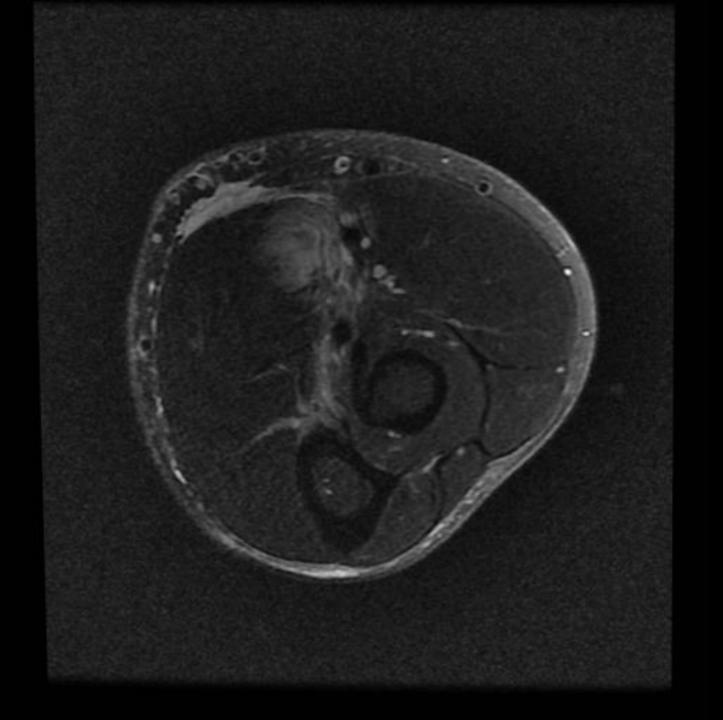


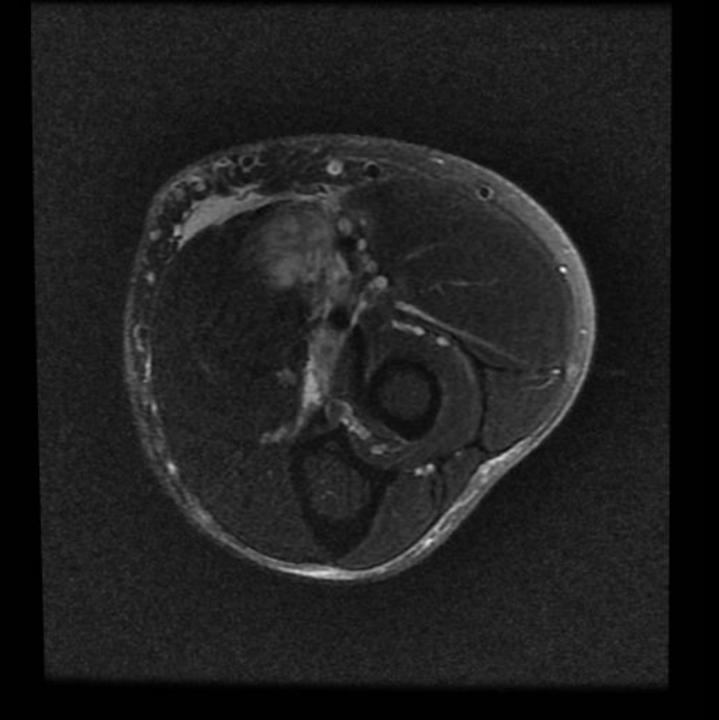


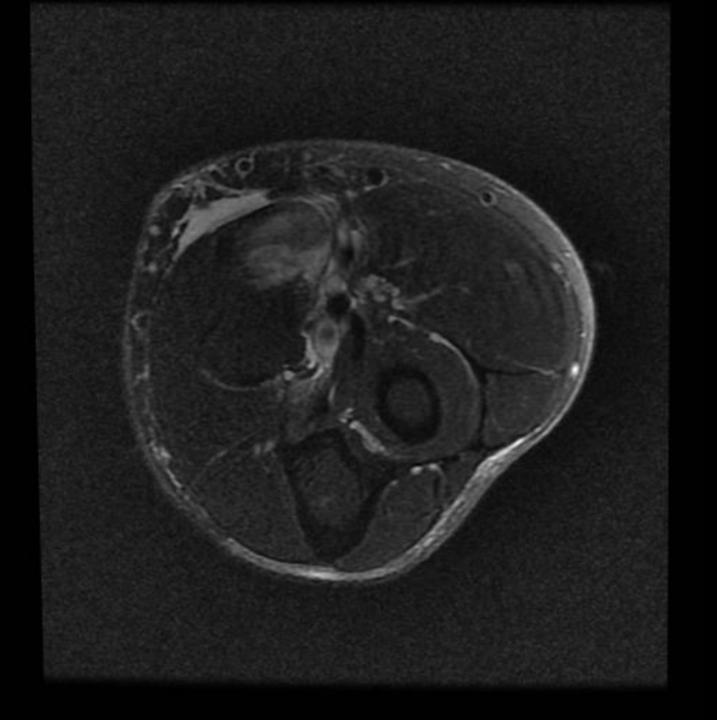


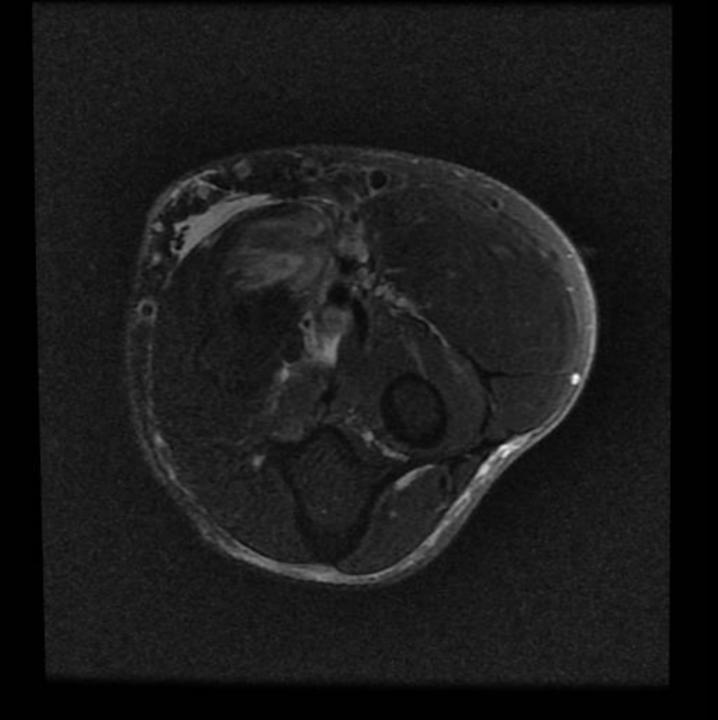


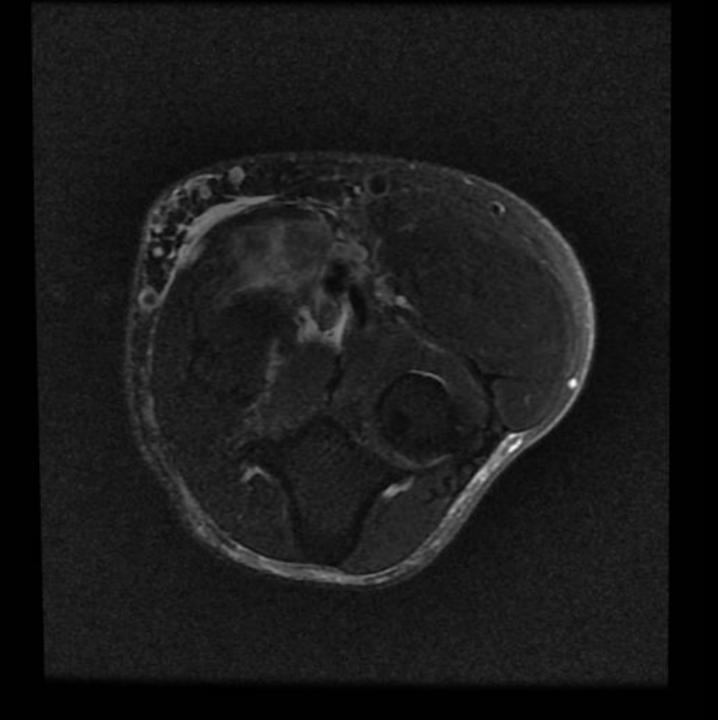


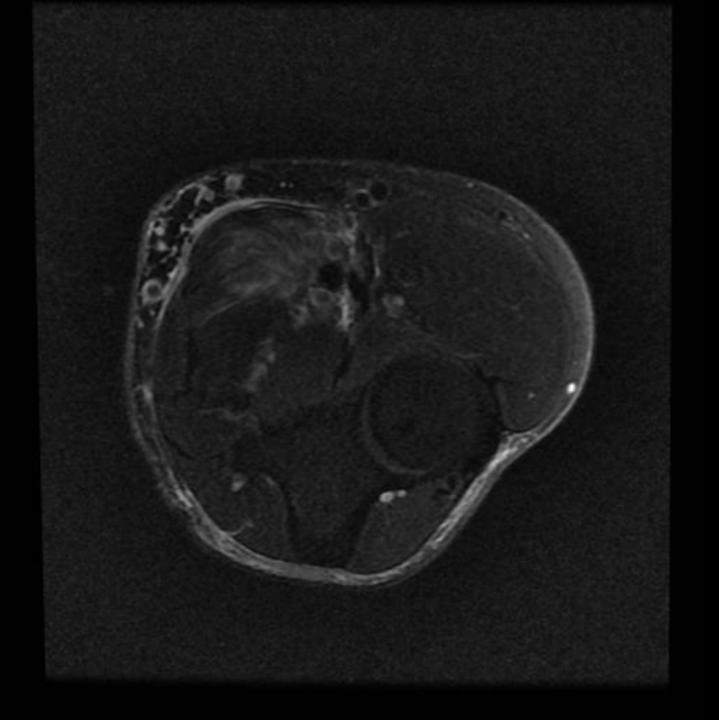


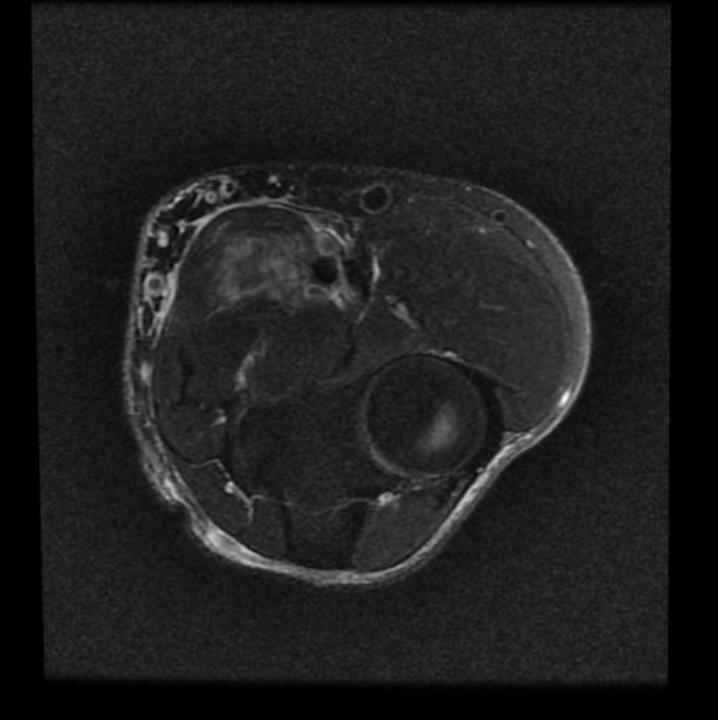


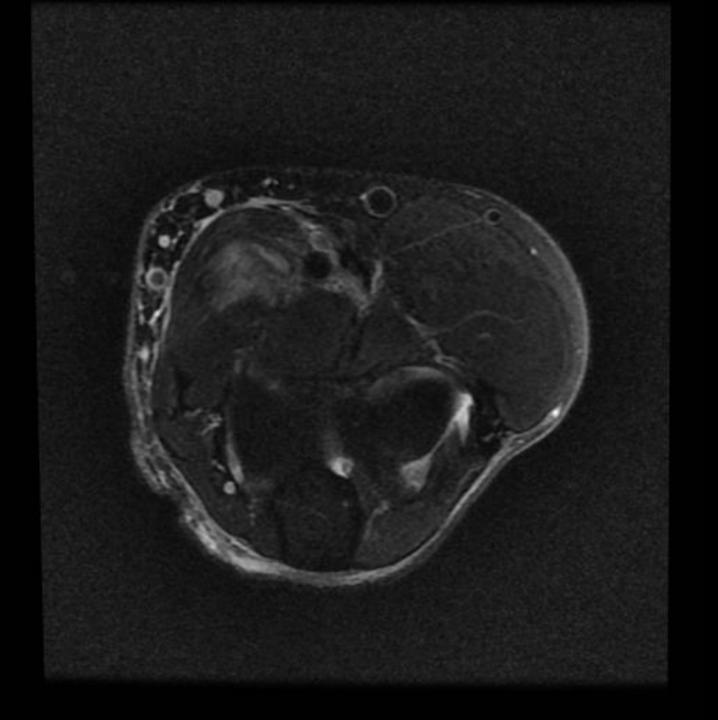


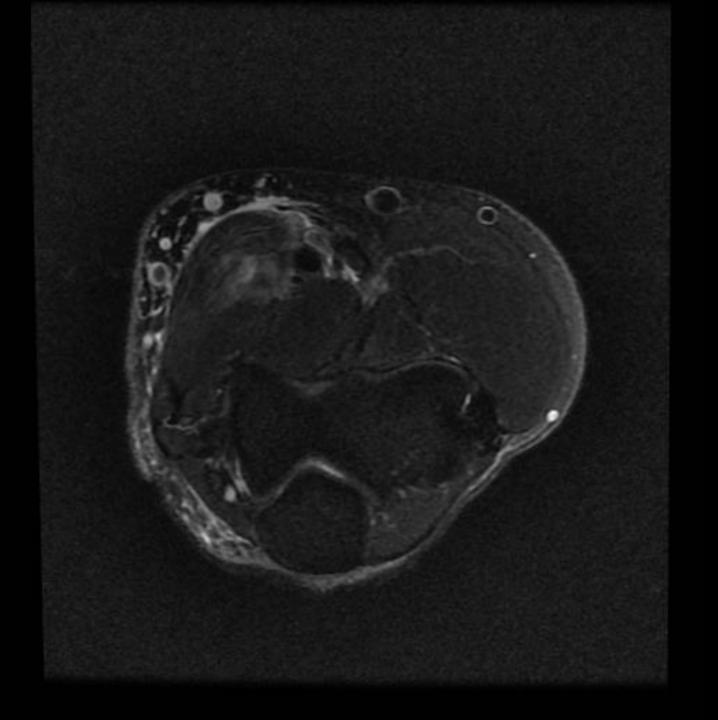


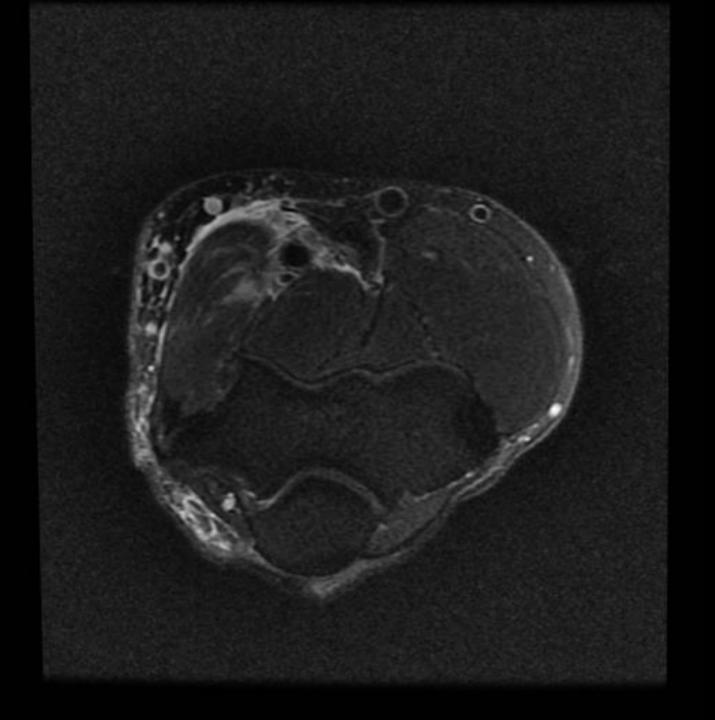


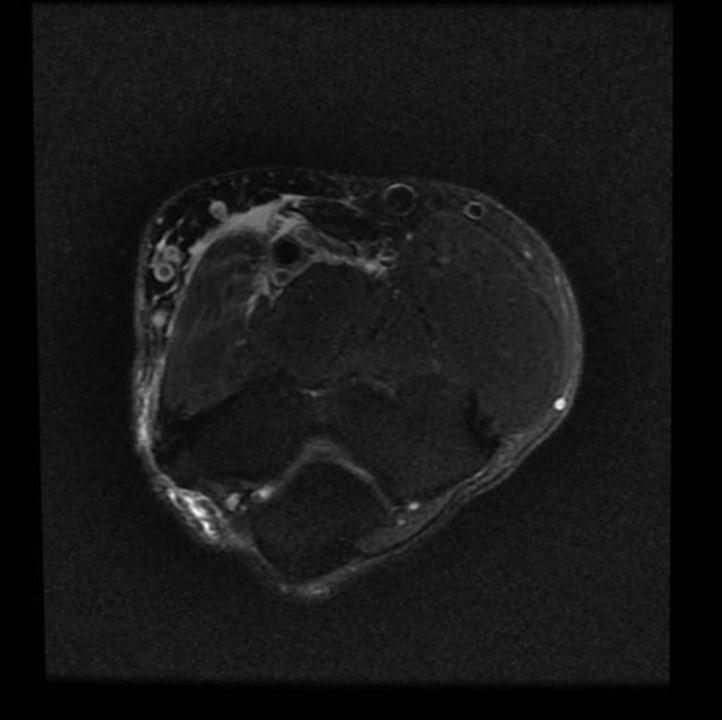


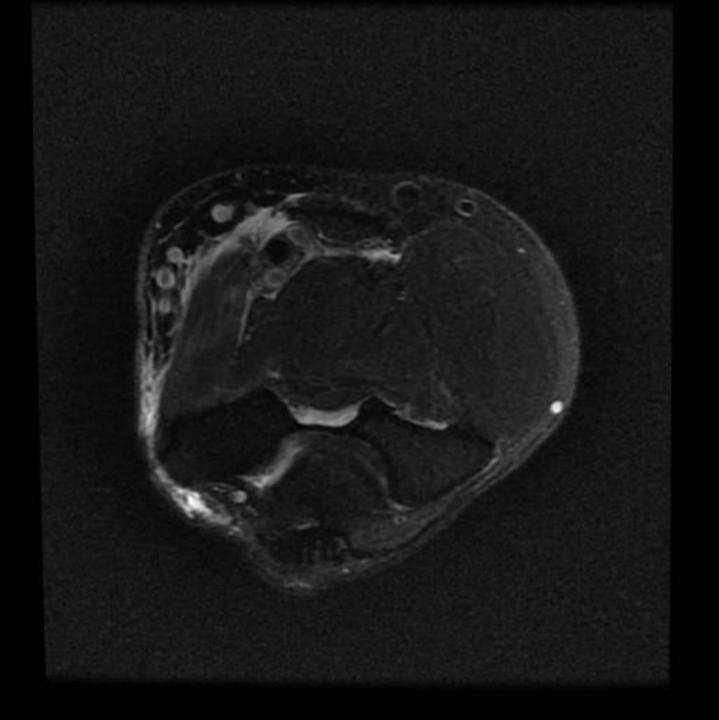


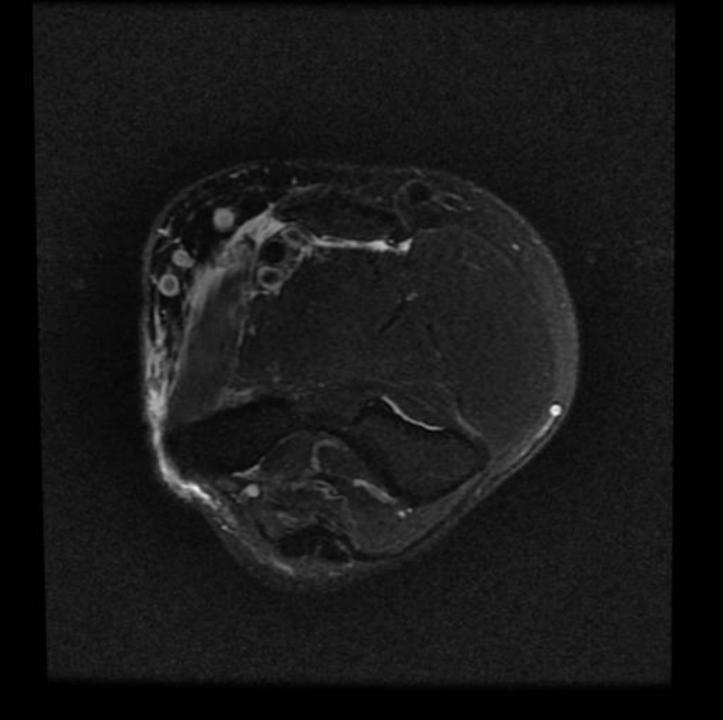


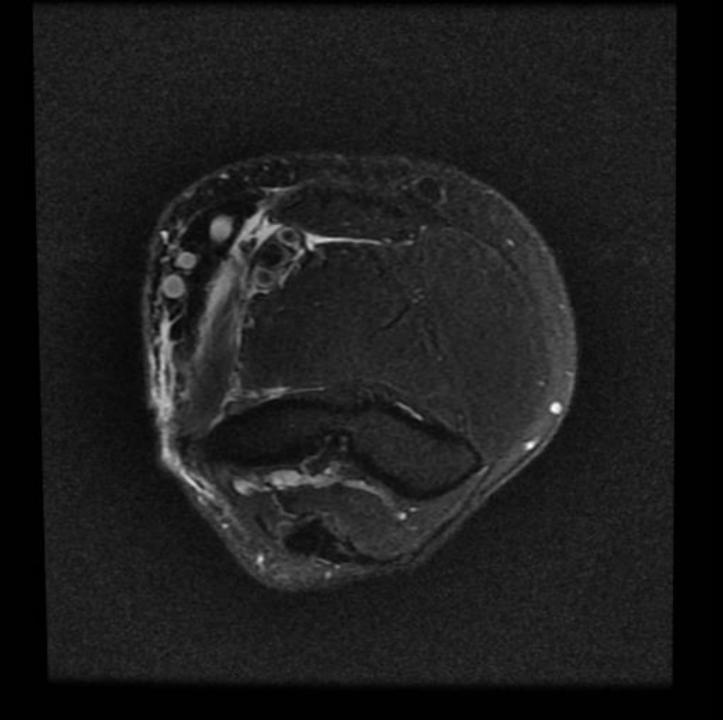


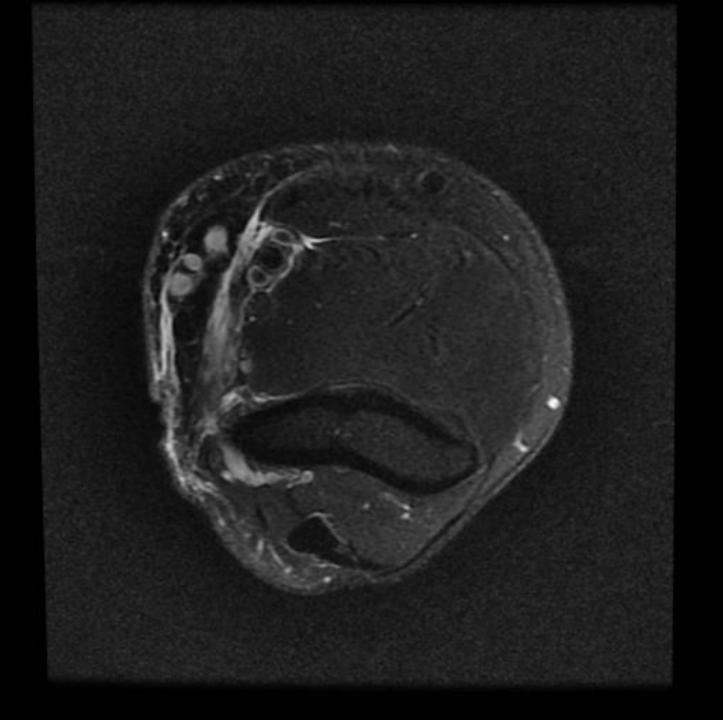


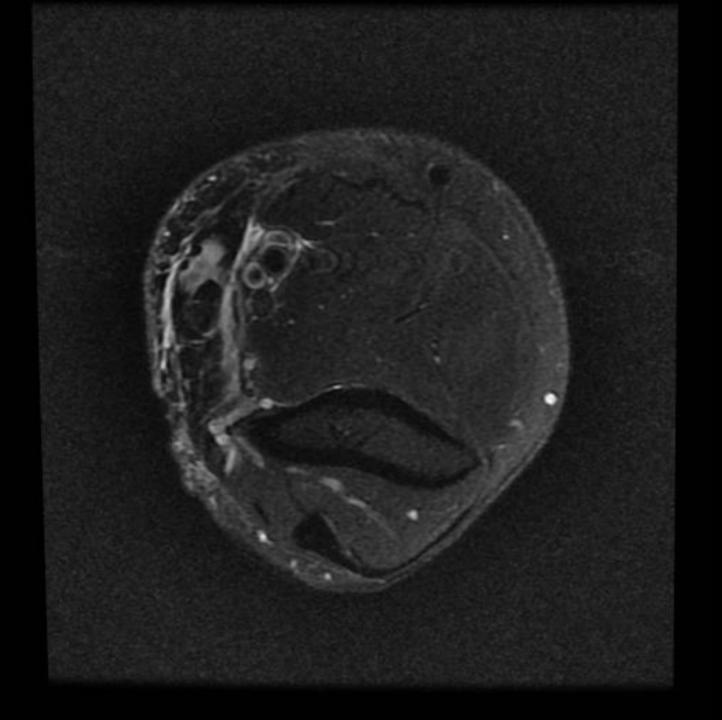


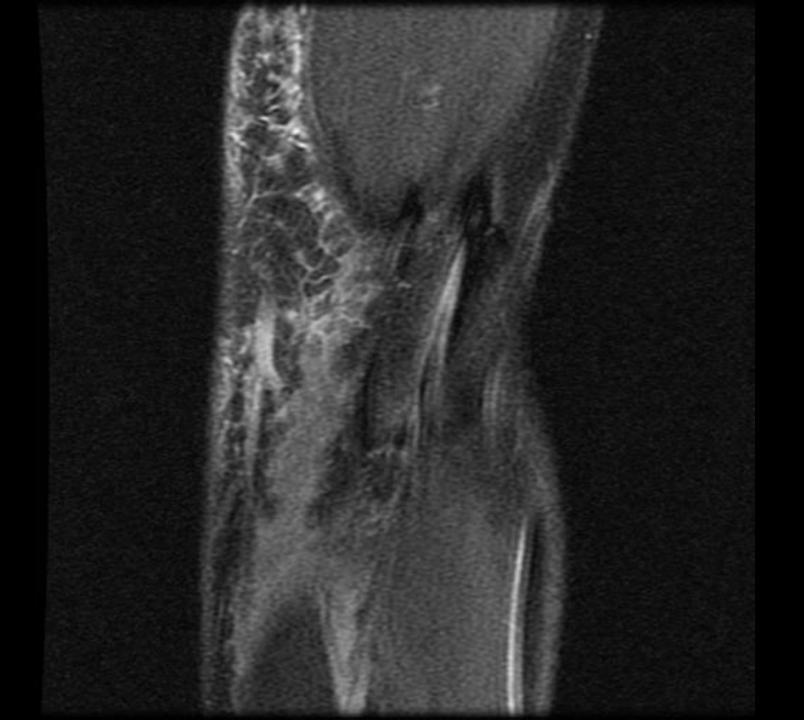


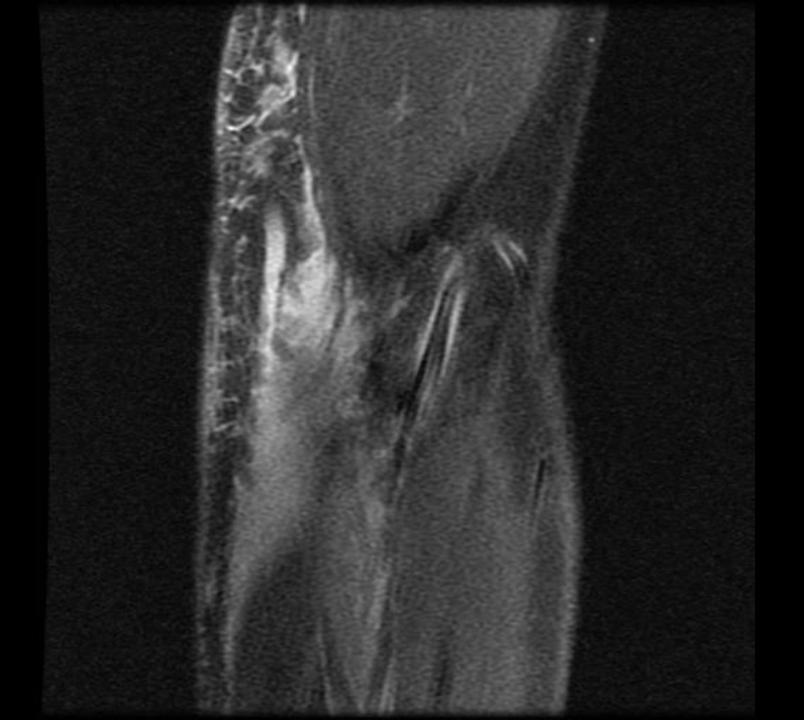


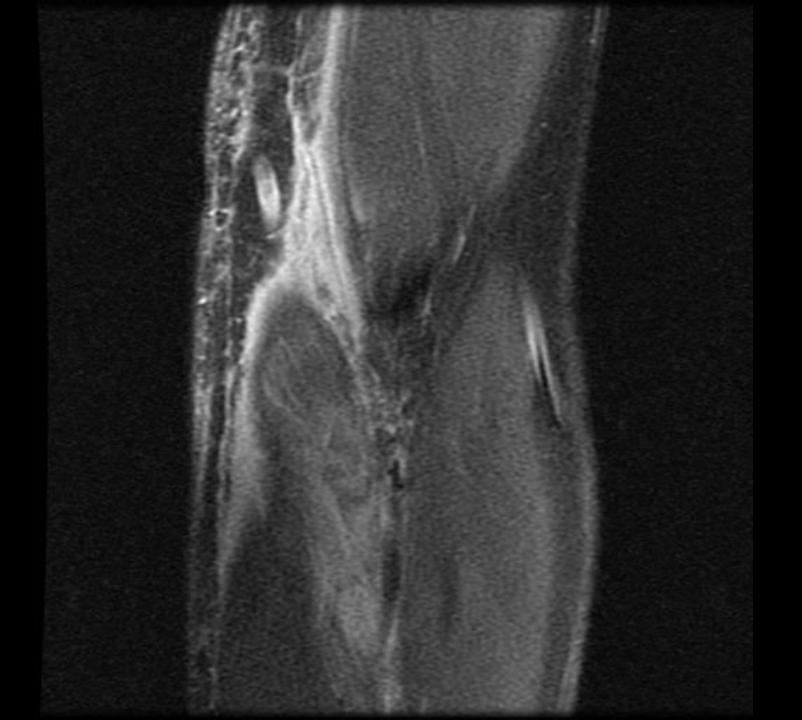


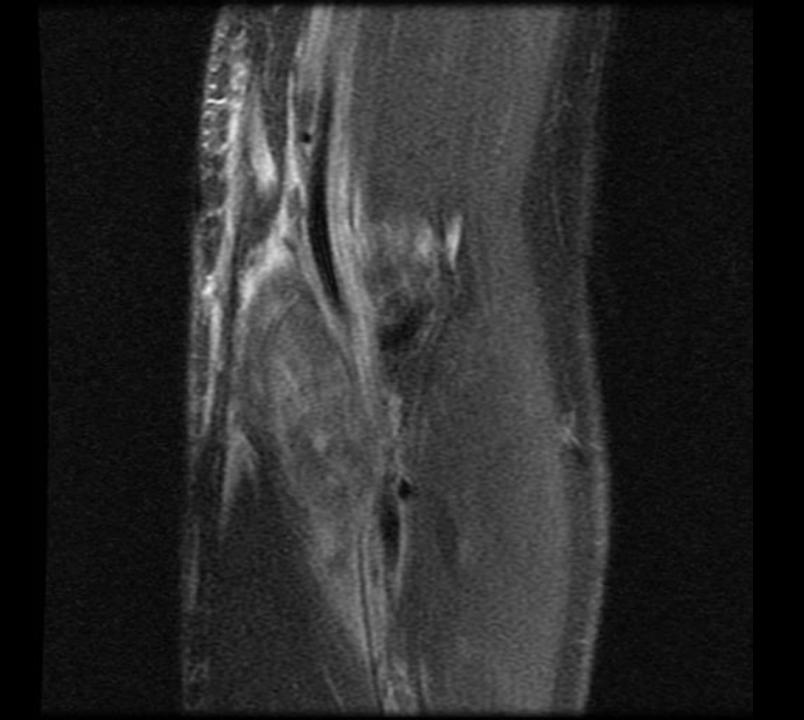


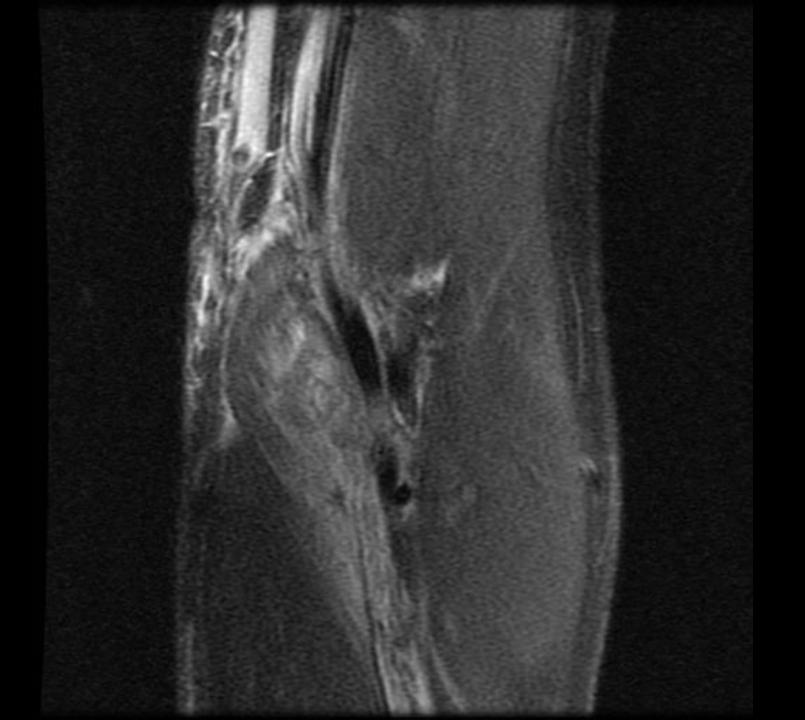


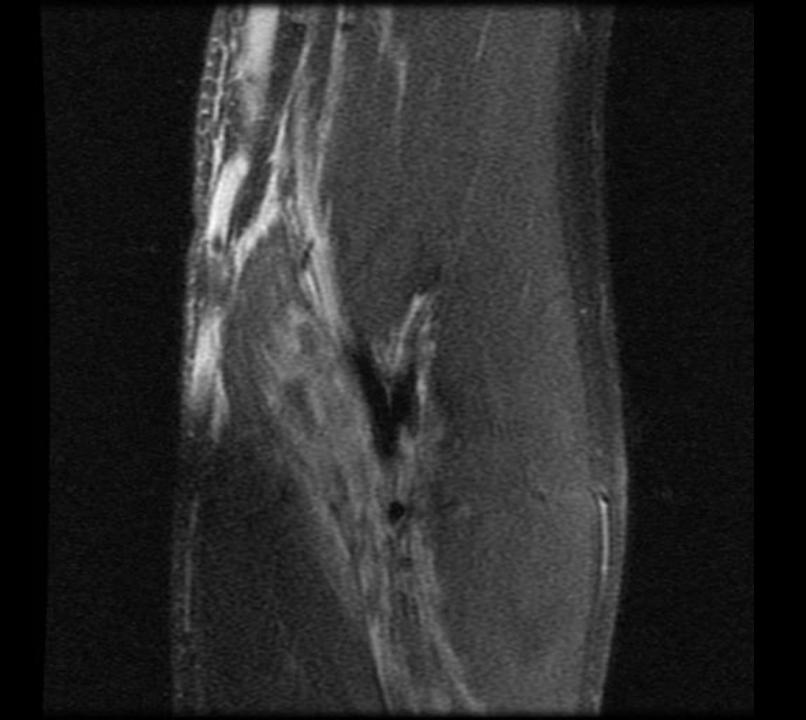


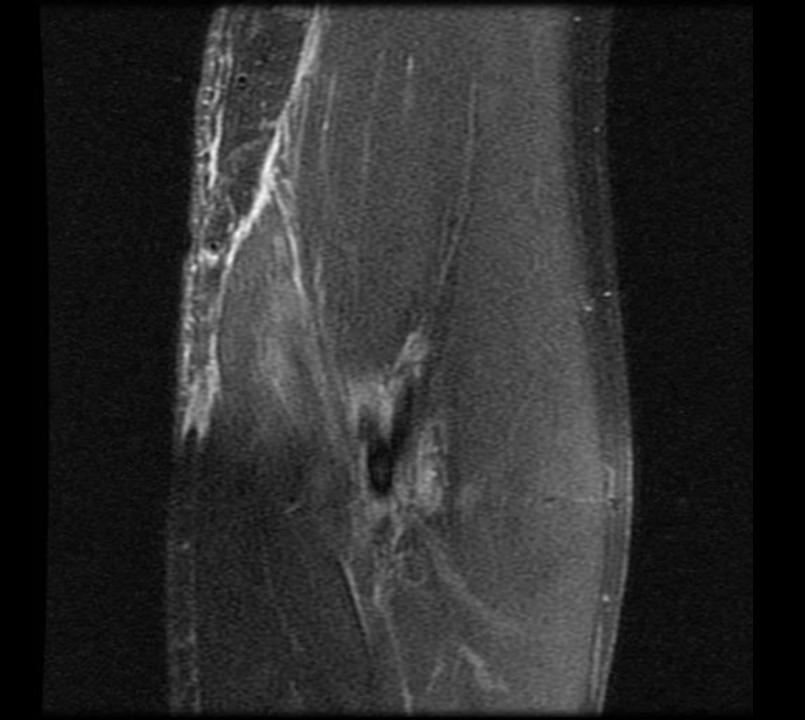


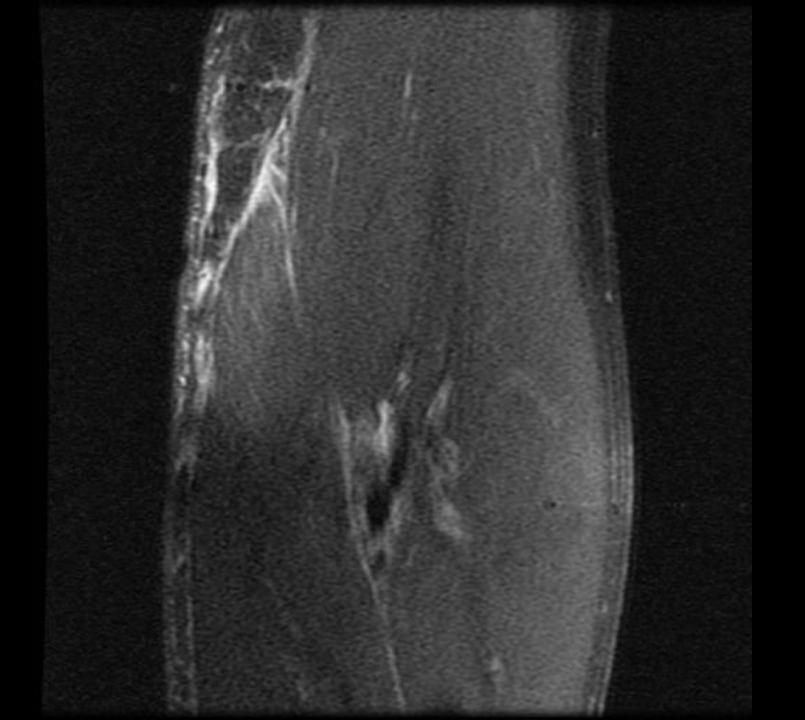


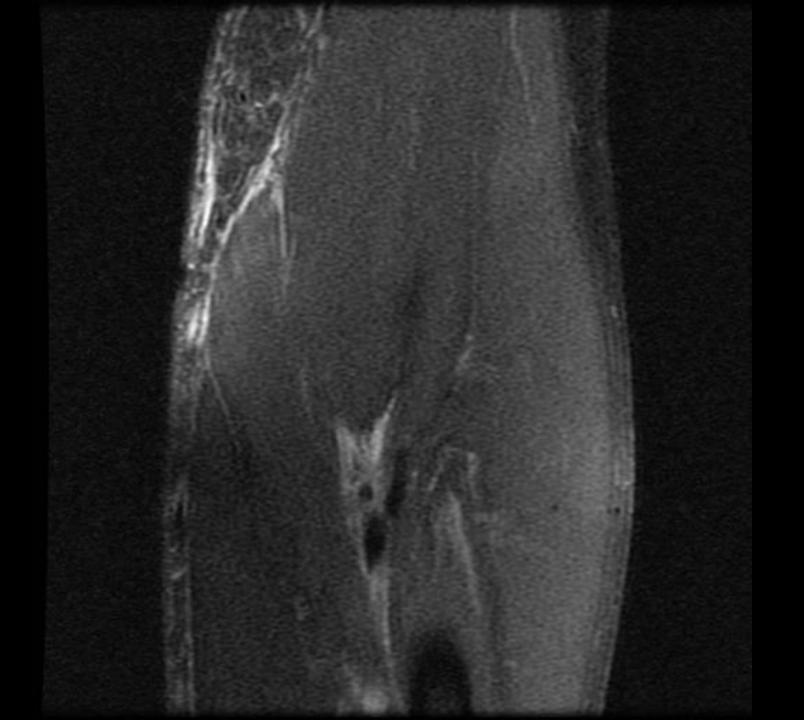


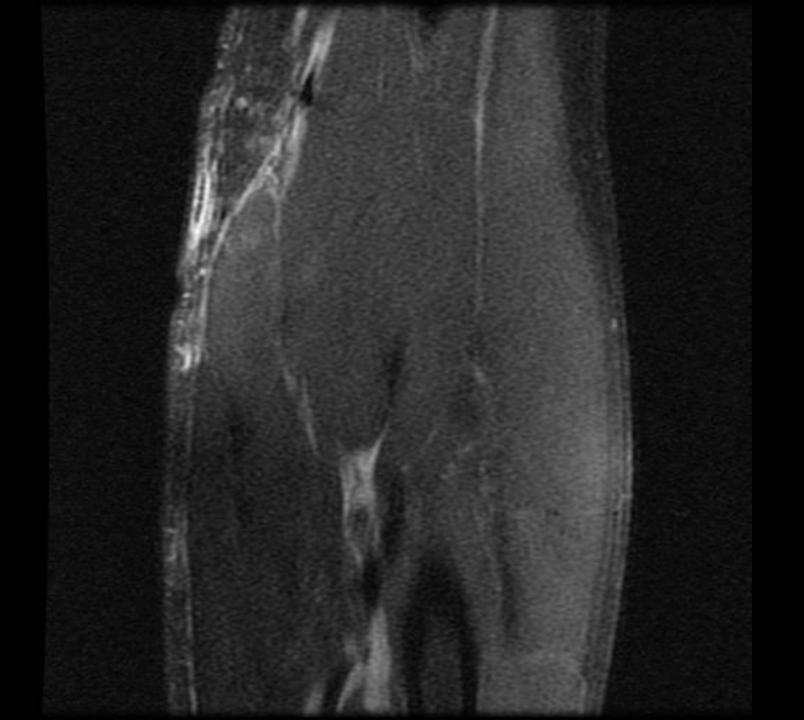


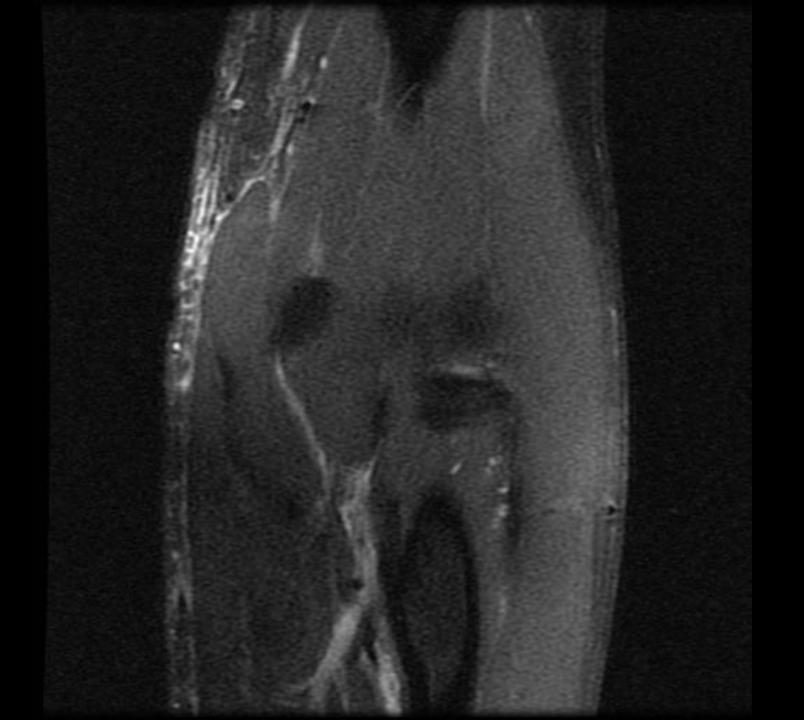


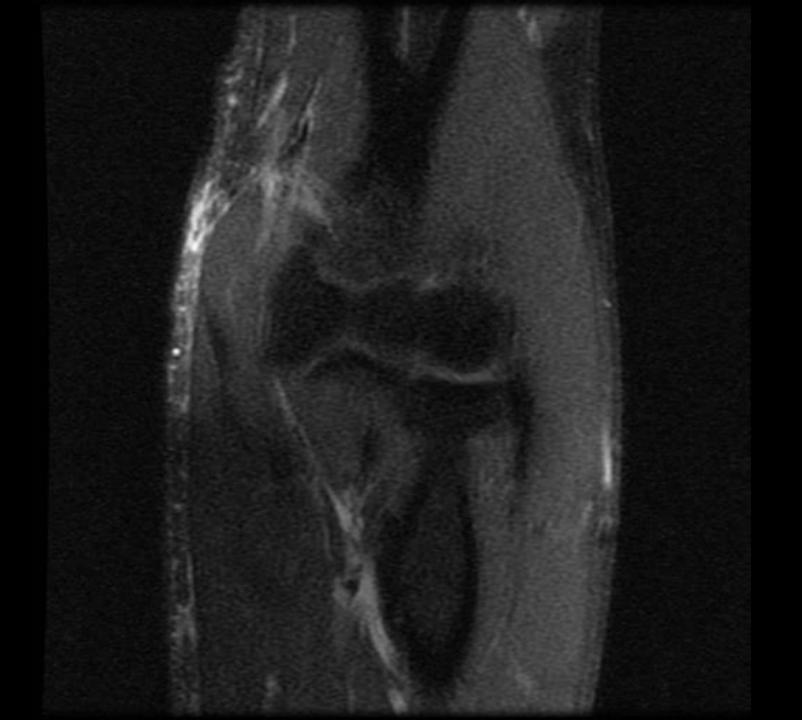


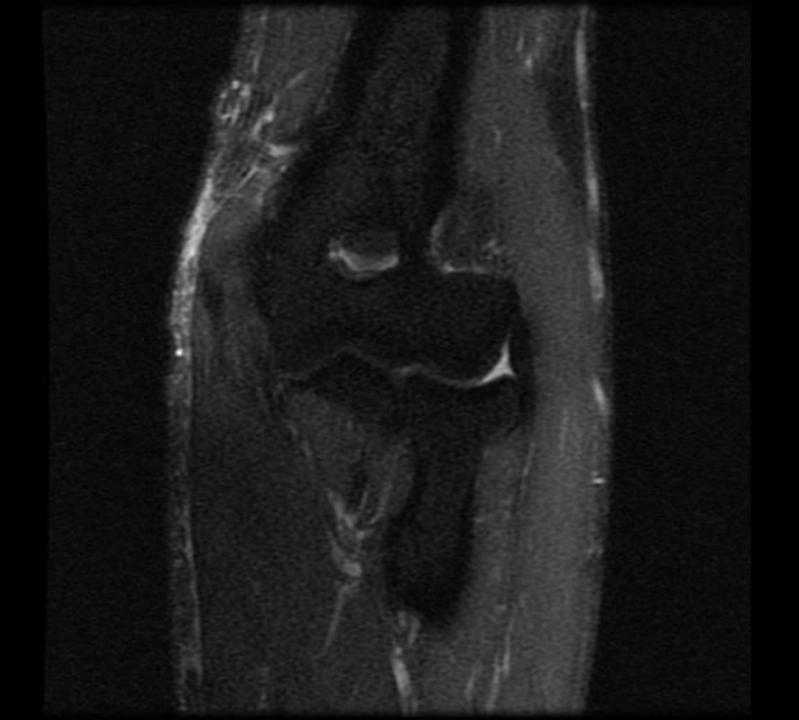




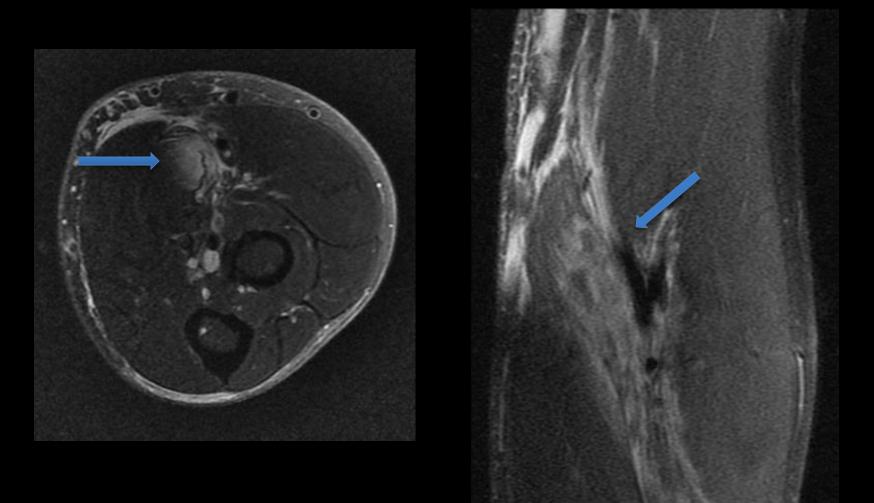








## **Pronator Teres Strain**

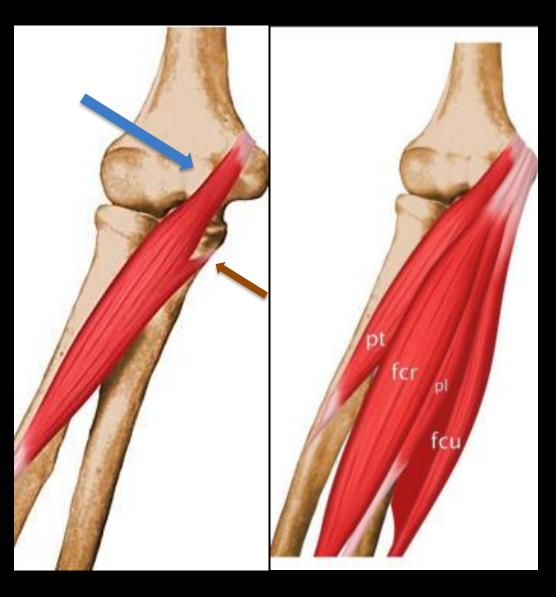


#### **Pronator Teres Anatomy**

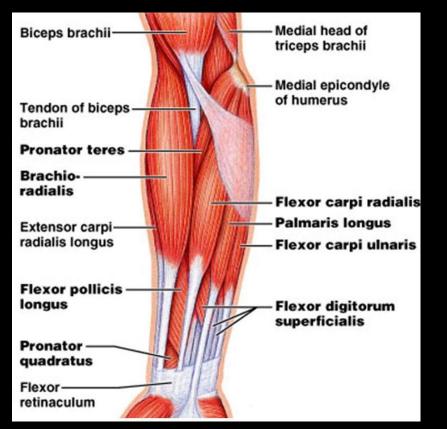
• Aids in pronation of the forearm and is a weak flexor of the elbow

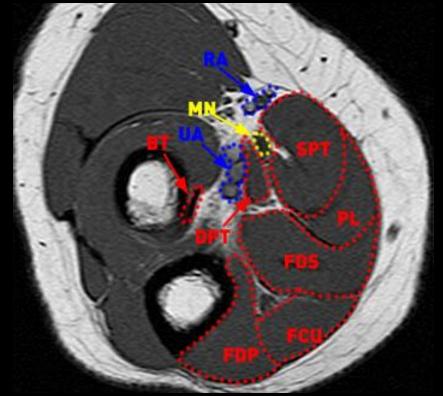
 Innervated by the median nerve and receives its vascular supply via the ulnar artery

• Has 2 heads: Humeral and Ulnar



#### **Pronator Teres Anatomy**





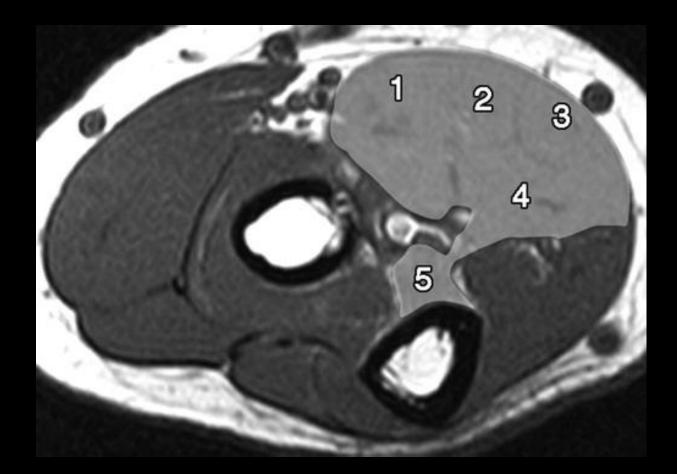
• The lateral border of the muscle forms the medial boundary of the cubital fossa

• The ulnar head can be absent in some patients

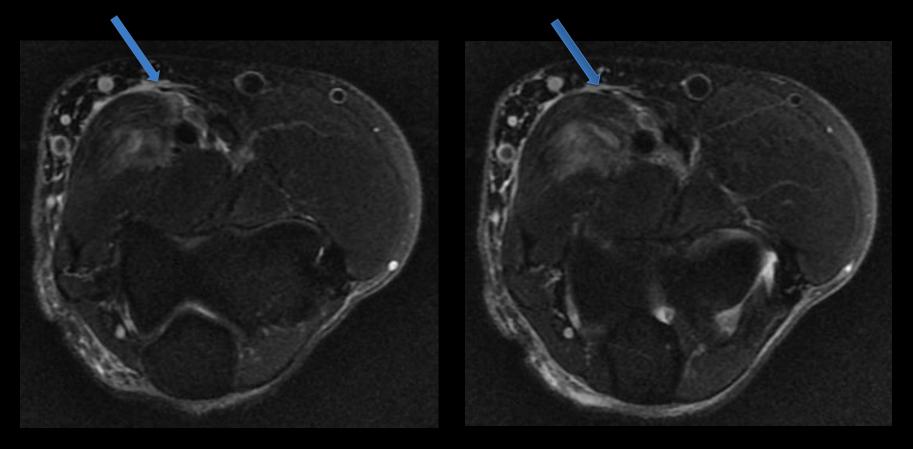
## Quick Sidenote: PTS

Pronator teres syndrome:

Neurogenic pain of the forearm that occurs with pronation and supination, not during flexion and extension

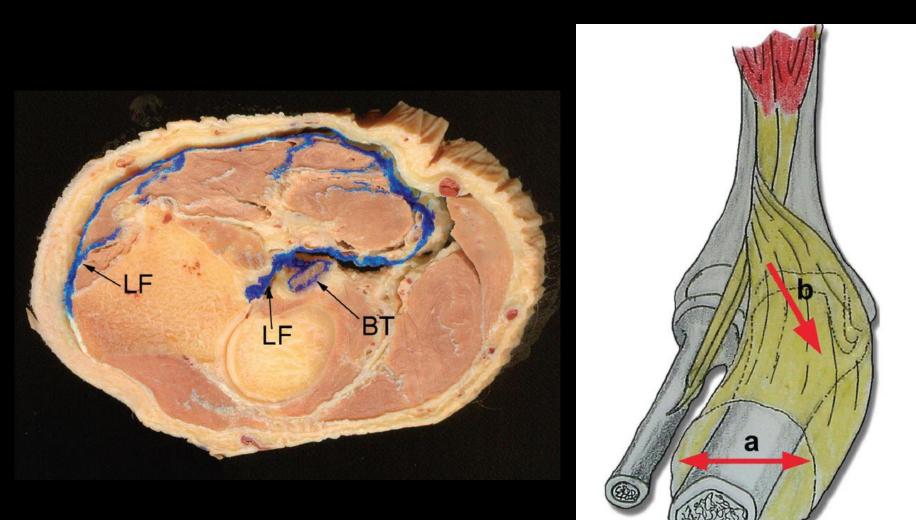


#### But Wait...There's More



There is interruption of the lacertus fibrosis (arrows) with minimal herniation of the pronator teres through the tear

## Lacertus Fibrosis



## **Companion Case**

