

Left ankle pain, evaluate for Achilles tear or tendinopathy

Thank you Dr. Evelyne Dr. Eman

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Accessory muscle

Soleus





Gyftopoulos, Soterios et al. Magnetic Resonance Imaging Clinics, Volume 18, Issue 4, 691 - 705





TCI = Tibiocalcaneus internus

Accessory soleus muscle

- Prevalence of 0.7% to 5.5% in cadavaric studies
- Innervated by the posterior tibial nerve
- Blood supply via the posterior tibial artery

Accessory soleus muscle

 Arises from the anterior (deep) surface of the soleus or from the fibula and soleal line of the tibia

 Descends anterior or anteromedial to the Achilles tendon

Accessory soleus muscle

- Five types of accessory soleus on the basis of insertion characteristics
 - Achilles tendon
 - Upper surface of the calcaneus with a fleshy muscular insertion
 - Superior surface of the calcaneus with a tendinous insertion
 - Medial aspect of the calcaneus with a fleshy muscular insertion
 - Medial aspect of the calcaneus with a tendinous insertion

Signs and symptoms

- Painless mass
- Painful mass
- Localized compartment syndrome
- Hindfoot and clubfoot deformities.



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Treatment in symptomatic cases

- Fasciotomy
- Tendon release
- Excision
- Debulking

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