Interesting Case Conference

Yatin Chadha
August 21, 2015
• 22 ♂, inversion injury
• 55 ♂, avid runner, injury to foot 6 weeks ago
Diagnosis
Fracture classification

Fractures of Proximal Portion of Fifth Metatarsal Bone: Anatomic and Imaging Evidence of a Pathogenesis of Avulsion of the Plantar Aponeurosis and the Short Peroneal Muscle Tendon\textsuperscript{1}
Theodorou et al. Radiology. 2003;226:857-865
Theodorou et al. Radiology. 2003;226:857-865
Peroneus brevis
Lateral cord
Take Home Points

• Not all 5\textsuperscript{th} metatarsal fractures are Jones fractures

• Tuberosity avulsion fractures are most common and involve the attachment of the lateral cord of the plantar aponeurosis and interdigitating fibers of the peroneus brevis tendon

• Management can vary depending on fracture type
References

